

Anti-Stress™



Serenity now. Stress is capable of destroying your health and peace of mind. Anti-Stress™ is a unique blend of nerve-calming herbs - Ashwaganda and Kava kava to promote relaxation; Gotu Kola and Taurine to alleviate fatigue, stress, and anxiety; Jujube to calm the body and brain. This formulation helps your brain filter and prioritize information so that you can think more clearly and act from a calm, centered position.*

Anti-stress is delivered in patented, aloe-based herbal blend called MaxCell™ to increase the bioavailability and effectiveness of the product.

- ▶ Provides a sense of well being*
- ▶ Promotes a calming and relaxing response*

120 tablets	ITEM 102110
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Supplement Facts

Amount Per Serving	% Daily Value
Ashwaganda extract (root) 150 mg	†
MaxCell Proprietary Blend™ 125 mg	
Jujube extract (fruit)	†
Black pepper extract (fruit)	†
Aloe vera (dried gel)	†
Chinese licorice (root)	†
Gotu kola extract (whole plant) 100 mg	†
Taurine 100 mg	†
Jujube extract (seed) 100 mg	†
Kava kava extract (root) 50 mg	†

† Daily Value not established.

Other ingredients: Calcium sulfate, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide.

Suggested Use: Take one tablet in the morning and one tablet in the evening with the corresponding meals.

Warning: Not intended for pregnant or lactating women or those under 18. As with all nutritional products, consult your physician before using this product if you are taking medications. KEEP OUT OF REACH OF CHILDREN. Ask your physician if you have liver problems or frequently use alcoholic beverages. Excessive use may impair your ability to operate a vehicle or heavy equipment.

STEPHEN'S TIP

The body's natural relaxation response is a powerful antidote to stress. Relaxation techniques such as deep breathing, visualization, progressive muscle relaxation, meditation, and yoga can help you activate this relaxation response. When practiced regularly, these activities lead to a reduction in your everyday stress levels.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

