



# S-4 Sleep Enabler™



Awake refreshed. Since most cell building and repair functions occur during deep sleep, poor sleep can severely interfere with overall health and performance. S-4 Sleep Enabler™ is an all-natural, non-addictive combination of herbs and nutrients to help you enjoy the deep sleep you need to feel rested and ready to meet your daily challenges.\*

S-4 Sleep Enabler includes a proprietary blend of five active compounds - Melatonin, Chamomile, Kava kava, Valerian, and Jujube - that have been shown to promote relaxation and a restful sleep.\*

- ▶ Promotes a deep sleep\*
- ▶ Allows your body to rest and restore itself\*

	ITEM
90 vegetarian capsules	105130

## Supplement Facts

Serving Size 3 Capsules    Servings Per Container 30

Amount Per Serving	% Daily Value
Niacin (as niacinamide ascorbate) 75 mg	375%
Calcium (as carbonate, citrate) 84 mg	8%
Magnesium (as citrate) 33 mg	8%
Valerian extract (root) 399 mg	†
Jujube extract (root) 399 mg	†
MaxCell Proprietary Blend™ 21 mg	
Jujube extract (fruit), Black pepper extract (fruit) †	
Aloe vera (dried gel), Chinese licorice extract (root) †	
Chamomile extract (flower) 60 mg	†
Kava kava extract (root) 21 mg	†
Melatonin 0.6 mg	†

† Daily Value not established.

**Other ingredients:** Gelatin, magnesium stearate, microcrystalline cellulose, silica.

**Suggested Use:** Take three capsules 30 minutes before bedtime.

**Warning:** Not intended for pregnant or lactating women or those under 18. As with all nutritional products, consult your physician before using this product if you are taking medications. KEEP OUT OF REACH OF CHILDREN. Ask your physician if you have liver problems or frequently use alcoholic beverages. Excessive use may impair your ability to operate a vehicle or heavy equipment.



For years I have been searching for natural products that back up their claims with scientifically proven statements; thereby, giving me the confidence to comfortably recommend them to my patients. With Univera, I have found what I was looking for: real products that make a real difference. Thank you Univera.

- Dr. Briant G. Herzog, MD  
Independent Silver Associate

Results not typical. Individual results may vary

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.